



## **CHIN AESTHETIC SURGERY (MENTOPLASTY/GENIOPLASTY) INFORMED CONSENT FORM**

The purpose of this form is to raise awareness about your health issues and to ensure your participation in the decision to be taken.

While this form has been defined to meet the needs of most patients in many conditions, it should not be considered a document that includes the risks of all treatment modalities. Depending on your personal health situation, your doctor may give you different or additional information.

After learning the benefits and possible risks of diagnosis, medical treatment and surgical interventions, it is up to you to accept or not to accept the applications. Except for legal and medical obligations, you can refuse to inform or withdraw consent at any time.

### About Jaw Aesthetic Surgery

Jaw aesthetic surgery includes interventions to retract the teeth, jaw bones, and other soft and hard tissues to their anatomical best position. Usually not for aesthetic purposes. However, normalized jaws can give a more aesthetic appearance, and sometimes there are aesthetic interventions without changing the tooth relationship. Jaw tip interventions generally consist of correcting asymmetry, enlarging or reducing the chin tip, bringing the chin tip forward or pushing back, and any combination of these procedures. These procedures can be performed with or without an incision on the jawbone. Bone can be removed from the tip of the jaw, or bone, cartilage or other tissue can be added to the tip of the jaw by an incision made elsewhere. In addition, special implants can be applied for the chin, procedures can be accompanied by correction of other skeletal defects on the face and facial rejuvenation surgery.

### Possible Side Effects

- After the sutures are removed, the wound lips that are opposite on the incision line can be separated from each other, and the wound edges may need to be rejoined.  
Pain may occur due to surgery.  
Edema (swelling) usually subsides within 7-10 days.  
Although rare, bleeding may occur from the incision site.  
There may be excessive swelling due to the accumulation of blood at the tip of the chin, and over time, it may go down to the neck and cause bruising. The swelling goes away to a great extent in about 3 months and the new shape of the chin appears. Please contact your doctor in all sudden swellings.  
Conditions such as non-compliance with the use of drugs after the operation and the lack of complete oral hygiene can lead to infection; Titanium plates or screws used to fix the cut bone may cause pain. Implants may need to be removed in such cases.  
The facial nerve comes from under the ear to the cheek and works all the mimic muscles in one half of the face. When the jawbone is cut, the lip junction of this nerve and the branch that pulls the lower lip vulnerable. As a result, the lip cannot be pulled down and out. This may take 6-12 months, In rare cases, it can be permanent.
- In case of insufficient detection, infection, blows to the post-operative area or failure to comply with the recommendations, the movement that should not be in the bone incision line can be detected.

Wound healing is more difficult for diabetics, smokers, people with malnutrition, overweight patients and in some special cases compared to normal healthy people. Incisions made under the chin are more likely to leave scars.

There is more or less scarring after healing wherever cuts are made. This is generally acceptable

Sometimes, abnormal scars may be in different tones from the surrounding skin. this scar Additional minor procedures can be applied in the treatment of scars.

If you have an asymmetry problem on your face, only chin aesthetic surgery will not improve this problem, your general facial appearance may become better. However, although your chin is flatter and in the midline, the asymmetry in the face-chin relationship may become more pronounced. The chin, whose asymmetry improves, can make other asymmetrical parts of the face more attractive.

### Lifestyle Recommendations Critical to Patient Health

- Discharge can be scheduled on the same day. This depends on how you feel, how much edema you have, and your intravenous fluid needs.

Oral hygiene accelerates recovery and is extremely important. After each meal, rinse your mouth with plenty of water and then clean your mouth with the medicine or disinfectant solution for 7-10 days in accordance with the recipe.

After 3-4 days, clean your teeth by gently brushing with a children's brush (small and soft brush) without touching the incisions on your gums.

- After the surgery, only liquid foods for 3 days, soft foods for the following 3 days, and then you can switch to normal nutrition.

You should use antibiotics regularly for 7 days after the surgery.

Your stitches in your mouth will dissolve on their own in 1-2 months, keeping it clean will speed up the healing.

will affect positively. There is no harm in swallowing the pieces that come into your mouth during melting.

there is none. The stitches on your skin, if any, will be removed within 5-7 days.

It is forbidden to do heavy sports and carry heavy objects for 3 months.

Diagnosis \_\_\_\_\_

Treatment/procedure to be applied \_\_\_\_\_

Side/grade if applicable  Right sided  Left sided  Both sided Grade \_\_\_\_\_

Should you not intend to be informed about the purpose, duration, advantages, success ratio, potential risks and complications and alternative options of the treatment to be applied and as well as about the subsequent potential risks in case you do not accept the treatment, please declare so below with your hand writing.

I hereby declare that;

My attending physician informed me about my disease, the treatment option to be applied, its duration, advantages, success ratio, the fact that it does not necessarily guarantee the recovery of current status, period of healing, potential risks and complications, alternative techniques, the potential situations I will experience on the condition that I reject the treatment and compulsory performance of an additional operation/intervention/procedure if deemed necessary and s/he answered all my questions regarding these matters.

Above mentioned procedure has been disclosed to be performed on myself/patient I legally represent by the physicians, nurses as well as other healthcare professionals under the authority, surveillance and control of my attending physician.

I have been informed that if required, anesthesia will be performed by an anesthetist, sedation will be performed by an anesthetist or another physician competent in sedation and local anesthesia will be performed by my attending physician.

While being entitled to make decision and think straightly, I accept the medical procedure to be performed, and consent that my attending physician and his/her team will carry out any medical treatment option/surgical technique/intervention they deem to be necessary.

I authorize the hospital to examine, inspect, dispose of or keep the tissues or organs removed during the procedure for which I have consented above.

I allow my medical reports to be used for scientific researches provided that my identifying information is kept hidden.

<b>Patient's</b>			
Full Name:	Signature:	Date:	Time:
Date of Birth:			
<b>Legal Representative's</b>			
Full Name:	Signature:	Date:	Time:
Degree of Relationship:			
Reason why the consent is delivered by legal representative of the patient:			
<input type="checkbox"/> Patient is not conscious	<input type="checkbox"/> Patient is under 18		
<input type="checkbox"/> Patient is not entitled to make decision	<input type="checkbox"/> Emergency		
<b>Witness'</b>			
Full Name:	Signature:	Date:	Time:
<b>Informing Physician's</b>			
Full Name:	Signature:	Date:	Time:
<b>Interpreter's (If required)</b>			
Full Name:	Signature:	Date:	Time:

Informed consent is delivered by the patient himself/herself if s/he is older than 18 years old, by the patient himself/herself together with his/her legal representative if the patient is aged between 15 and 18 and by the representative of the patient if the patient is under 15 years old and/or is unconscious and/or is not entitled to make decision and in case of emergency.